

RESTRICTED

21<sup>st</sup> January 2021

Dear Training Centres,

**Updates for all Accredited Training Centres (TCs)**

**No revisions to existing safety measures in view of Phase 3 (Update)**

1. In view of the announcement of Phase 3 post Circuit Breaker which started on 28<sup>th</sup> December 2020, there will be **no further revisions** to the existing class size, Instructor-to-Learner ratio or safe management measures. Please refer to past update memos for more details at <https://srfac.sg/news/>.

**Use of Bag-Valve-Masks in BCLS+AED course (Update)**

2. On 27<sup>th</sup> March 2020, SRFAC mandated the use of Bag-Valve-Masks (BVMs) to replace Mouth-To-Mouth (MTM) ventilations in BCLS+AED courses catered for Healthcare Providers. After consultation with the relevant specialists within SRFAC, we are recommending that BVM ventilations be administered **at the side of the manikin** (see pictures below) to minimise interruptions to chest compressions **during single-rescuer CPR**. Existing assessment criteria/parameters **remains unchanged**. The BCLS+AED manual will be revised in later this year to incorporate the above-mentioned information, as well as other relevant updates published by International Liaison Committee on Resuscitation (ILCoR), European Resuscitation Council (ERC) and American Heart Association (AHA).



*(Picture cropped and edited from Nasiri et al. A comparison between over-the-head and lateral cardiopulmonary resuscitation with a single rescuer by bag-valve mask. Saudi J Anaesth. 2014 Jan-Mar; 8(1): 30–37)*



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### Child First Aid course matters (Reminder)

3. As a reminder, **all** learners enrolling for the Child First Aid (CFA) course (based on syllabus implemented since 1<sup>st</sup> June 2020) should undergo the **full** CFA course (regardless of their eligibility for the refresher course).
- This is in consideration of the sensitivity of drugs introduction as there could be downstream implications if not done correctly/properly, therefore, all CFA learners will need to go for the full provider course (based on new CFA syllabus implemented since 1<sup>st</sup> June 2020). Subsequent renewal of CFA Provider certificate in 2022 can then be deemed eligible for a refresher course.
  - The BCLS+AED component within the CFA course includes the assessment recording of the one-rescuer adult CPR **with Mouth-To-Mouth ventilations via disposable face shield** (as opposed to the use of BVM mentioned in para 2).
  - As advised by ECDA since 26<sup>th</sup> August 2020, face-to-face sessions involving hands-on practice, theory and practical assessments for Child First Aid (CFA) course is allowed (**to be conducted at Training Centre's premises only**) but theory lessons must be completed online. Class size will be **capped at 8 learners** until further notice and **will only apply to CFA learners from sectors regulated by ECDA** and should not affect other CFA learners from other sectors not regulated by ECDA. SRFAC will provide updates once we receive revised recommendations from ECDA.

### Reminders for First Aid TCs (Reminder)

5. The minimum course duration will remain **unchanged** as stated in the Syllabus Outlines (for Standard and Child First Aid courses) despite the new Instructor-to-Learner ratio of 1:4 for CPR and AED related content.

6. TCs intending to resume training but have yet to submit their risk mitigation plans are reminded to submit the plans to SRFAC for vetting and approval prior to resuming training, as per the process stated in previous update memos (<https://srfac.sg/news/>). For avoidance of doubt, TCs which had submitted their risk mitigation plans to SRFAC and had such plans approved, need not re-submit for



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approval. Non-compliance of the safety measures and training guidance may result in termination of the TC's accreditation. **SRFAC will continue to conduct compliance checks and TCs are reminded to provide continuous updates on all confirmed/scheduled classes.**

7. Please update the profile, contact person and details of your TC within the SRFAC website directory to ensure that our update memos can reach your TC representatives.

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