

## ANNEX A

### COURSE SYLLABUS

	TOPICS TO BE COVERED	RECOMMENDED HOURS	
		Child First Aid	Refresher
1	Introduction to First Aid - roles/duties of first aider - safety procedures/issues - first aid kit - emergency	1.5	1
2	Respiratory Problems/Disorders in a Child - choking - suffocation	3.5-4	2.5-3
3	Circulatory System in a Child - shock - wounds - bleeding - Infant CPR - Child CPR	4-4.5	3-3.5
4	Unconsciousness	2-2.5	1
5	Musculoskeletal System in a Child	3-3.5	1.5
6	Skin Injuries - Burns - Heat Disorders	1.5-2	1
7	Common Illnesses in a Child	1.5-2	1
8	Assessment	3-4	3-4
	Total	20-24	14-16

\* The recommended hours include theory and practical